

Advice on Juvenile Arthritis from the Experts

2012 Juvenile Arthritis Conference | July 19-22 in St. Louis, MO

Name: Leigha Age: 9 State: _____

Title



When I swim. it helps me with my joints.
When I also exercise it also helps me. I do
lots of fun stuff that will help my joints. My 2
brothers and sisters sport me and my mom
and dad sport me with my arthritis.