

Advice on Juvenile Arthritis from the Experts

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It's Not Always A Day at the beach, but...

Title



It's All About How
You Look at It!

JA doesn't have to be the end of your fun! you can
find different or alternative ways to have fun - have your
friends over for a movie night, hang out in the jacuzzi
(the pool is great for achy joints), or have a board game
night. It's all in the way you choose to look at JA :)